

# PHYSICAL THERAPY DEPARTMENT

## FOOT CENTER of NEW YORK



*"Improving your movement... improving your life."*

Visit the Physical Therapy Department at the Foot Center of New York. Let our team of professionals design a treatment plan to help reduce your pain, improve your movement, and help prevent future injuries.

We use a variety of treatment techniques to help alleviate discomfort and heal your injury. Including...

**Therapeutic Massage and Myofascial Release**  
**Joint Manipulation**  
**Stretching and Strengthening**  
**Ultrasound**  
**Electric Stimulation**  
**Moist Heat Packs**  
**BioFreeze® and Cold Applications**  
**Paraffin Wax Therapy**  
**Infrared Light Therapy**

We are a comprehensive Physical Therapy Clinic, dedicated to providing the best possible health care for all of our patients, all of the time. We treat a variety of conditions for any and all areas of the body. Including...

**Heel Pain and Plantar Fasciitis**  
**Ligament Sprains and Muscle Strains**  
**Tendonitis and Capsulitis**  
**Arthritis and Bursitis**  
**Diabetic Neuropathy and Peripheral Neuropathies**  
**Post-Surgical Recovery**



At the Physical Therapy Department of the Foot Center of New York our patients always enjoy their physical therapy sessions, because we believe happiness helps recovery. Let our expert, friendly, multi-lingual staff help to improve your movement in a relaxed, comfortable, music-filled environment.

Visit us on the lower level of the Foot Center of New York or call 212.410.8090

**212-410-8090 55 E. 124th Street (between Park and Madison Aves.) New York, NY 10035**